

## Create & Connect

## **OPEN STUDIO ART THERAPY**

Explore art making, creative expression and relaxation in our open studio.
Feel supported to experiment and grow your creative confidence.
Materials and refreshments provided.
No art experience necessary.

Thursday 9.30-11.30am
\$40pp Bookings Essential
Scan here for dates and details
www.innerviewarttherapy.com.au

Avalon Creative Space Avalon Golf Course 32 Old Barrenjoey Rd Avalon Beach NSW

